



PRONTO IN / READY IN
/ TEMPS DE CUISSON /
BEREIT IN / REDO PA

14-16 MIN

Nutrition Facts

10 servings per container

Serving size (100g)

Amount Per Serving

Calories **350**

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 78g	28%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Prodotto e confezionato da /
Product and packaged by / Produit et
emballé par / Produziert und verpackt
von / Produkt och förpackning av:

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@gliaironi #abbiamotantoriso



GLIAIRONI.IT

**DICHIARAZIONE NUTRIZIONALE
/ NUTRITION DECLARATION /
DECLARATION NUTRITIONNELLE
/ ERNÄHRUNGSEKTLÄRUNG /
NÄRINGSDEKLARATION**

Valori medi nutrizionali per 100g /
Averages nutritional values for 100g
/ Valeurs nutritionnelles moyennes
pour 100g / Durchschnittliche
Nährwerte für 100 g /
Genomsnittliga värden per 100g

Energia / Energy / Énergie /

Energie / Energi

kJ 1488

Kcal 350

Grassi / Fat / Graisses

g 0.6

Fett / Fett

di cui Acidi grassi saturi

g 0

/ of which Saturates

/ dont Acides gras

saturés / davon

gesättigte Fettsäuren /

varav Mättat fett

Carboidrati /

g 78

Carbohydrate /

Kohlenhydrate /

Kolhydrat

di cui Zuccheri / of

g 0

which Sugars / dont

Sucres / davon Zucker /

varav Sockerarter

Fibre / Fiber / Fibres

g 1.4

alimentaires / Fasern

Proteine / Protein /

g 7.4

Protéines / Proteine

Sale / Salt / Sel / Salz

g 0



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